

# Finding Child Care to Suit Your Family's Needs



Carebridge Child Care Specialists are ready to assist you with the most challenging child care arrangements. You have access to unlimited confidential consultations. Resources and referrals are available in the following areas:

*In-Home Care*

*Day Care Centers*

*Babysitters*

*Afterschool Programs*

*Back-up Care*

*Summer Camps*

*Baby Nurse/Doula*

*Au Pairs*

*Family Day Care Homes*

Carebridge Child Care Services are available to covered employees and their families at no cost. Contact Carebridge any time by calling **800.437.0911** or emailing **[clientservice@carebridge.com](mailto:clientservice@carebridge.com)**. For online services logon to: **[myliferesource.com](http://myliferesource.com)**. All services are confidential.



***Excellence in Employee Support Services***

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